



THE ECHO



City of Norwich School Weekly Newsletter

No. 24.23 Friday 6 March 2009

www.cns-school.org

YEAR 9 EVENING

Next Thursday, 12 March we invite Year 9 parents/carers to come into school to meet with subject teachers. Letters have been sent home and students should now be making their appointments.

CYCLING

We are pleased that more students are taking advantage of our new bicycle sheds and are cycling to school. We are delighted with the increased uptake but remain concerned for the safety of our young people as they travel to and from school. To this end, please ensure that regular cycle safety checks occur. Brakes are essential!

HEAD LICE

It is that time of year again to remind parents/carers to be vigilant in their checking of their children's hair for head lice. Any cases found must be treated, along with all other members of the family. Treatment advice can be sought from your local pharmacy.

MATHEMATICS CHALLENGE

On Wednesday 4 March Anna Hufton, Marianna Vannucci, James Carey and Jack Webb-Heller represented Year 10 at the Regional Heat of the Eastern Region Further Mathematics Network Year 10 Team Mathematics Challenge 2009, held in the Arc Auditorium at CNS. This competition was very challenging, combining mathematical communication and teamwork skills. Twelve teams competed and CNS came a creditable fifth. Well done to all!

NEW INTAKE 2009

This week Year 6 parents and students have been informed of their new secondary school. 320 had CNS as their first choice and 240 (our maximum number) have been allocated to CNS. We extend a warm welcome to all who will be with us from September whether you have existing links with or are new to the school.

FORTNIGHT FOCUS "To keep the body in good health is a duty ... otherwise we shall not be able to keep our minds strong and clear." *Hindu Prince Gautama Siddharta, the founder of Buddhism.*

GREEN THOUGHT FOR THE WEEK

Use Energy Efficient Light Bulbs - Energy saving light bulbs use electronics that enable them to produce a highly efficient and compact light using a fraction of the energy. They last up to 12 times longer than their inefficient counterparts and you can make an amazing saving of £68 over each bulb's lifetime. If every UK household installed 3 energy saving bulbs this would save enough energy in a year to power all street lighting. *The CNS Greenscheme*

SPORTING ROUNDUP

Clubs Running this Week

- Mon - Table Tennis (3.05 - 4.00) All Years
- Korfbal (3.15 - 4.00) Yrs 7 & 8 only
- Tues - Futsal (3.15 - 4.00) Girls only
- Wed - Rugby (3.10 - 4.00) All Years
- Netball (3.10 - 4.00) Girls only
- Ultimate Frisbee (3.15 - 4.00) All Years
- Dance (3.10 - 4.05) All Years
- Thurs - Badminton (3.05 - 4.10) All Years
- Football (3.05 - 4.00) Yrs 7 & 8 Boys only
- Friday - Basketball (3.05 - 4.00) All Years

U14 Basketball vs Fram Earl - In an evenly fought encounter neither team could break the deadlock in the first 5 minutes. After a nervous start both teams got into their strides with the lead swapping hands on numerous occasions. Another good all round team effort from an ever improving side ended with a 22-22 draw. The first ever draw in Basketball history!! MVP Marwan Khan showed great consistency netting 6 pts in the process.

Sainsbury's Active Kids & Tesco for Schools & Clubs 2009 - Please continue collecting those vouchers and hand them in to any member of the PE department or the main office.

Year 7 County Basketball Trials - Any boys who wish to try out for the Norfolk schools' team - there will be trials at Notre Dame from 3.45 - 5.15pm on Friday 13 March. Students will be required to make their own way to Notre Dame High School on this day.

Fixtures

- Tues 10 March - U15 Football vs Earlham (H)
- U19 Badminton vs Notre Dame (H)
- Thurs 12 March - U13 Football vs Hellesdon (A)
- U14 Rugby 7's Tournament (A)

NEXT WEEK IS WEEK 2 KS4 EARLY LUNCH, KS3 LUNCH AT 1.35 ABSENCE LINE

Y7: ☎ 274017, Y8: ☎ 274068, Y9: ☎ 274069, Y10: ☎ 274070, Y11: ☎ 274071, Y12/13: ☎ 274072

PASTORAL SUPPORT LINE

Years 7, 8 & 9 Jane Allen 274054; Years 10 & 11 Susie Butchers 274029; Years 12 & 13 Kym Blake 274060



Would you be interested in
a
**Skiing Course at
Norfolk Ski Slope?**

We are trying to establish interest in running a 6 week after school ski club at the Norfolk Dry Ski Slope at Trowse in the Summer term.

The students would be taken from CNS to Trowse by minibus for a one hour skiing session and would return to the school by about 6pm.



The course would be held on Tuesdays and would cost £36 per student for 6 sessions. This includes the cost of the transport and is subsidised by Extended Services. Students would need to provide their own ski gloves.

If you are interested please come to Room 7A to pick up a form or talk to Christine Turner to find out more. You can also contact Chris by email (c.turner@cns-school.org), or by telephone (01603 274050)

EXTENDED SERVICES AT CNS

ADULT SINGING SQUAD



Monday 7.30 - 9.00 pm in the Arc

Everyone welcome, especially those with deeper voices!

Friendly and relaxed sessions for anyone who sings or who would like to sing; all music is taught by ear and sung in a group, there is no pressure to sing on your own.

Phone Chris on 274050 or email c.turner@cns-school.org for more info or just turn up.