



# THE ECHO



## City of Norwich School Weekly Newsletter

No. 24.32 Friday 22 May 2009

[www.cns-school.org](http://www.cns-school.org)

### ATTENDANCE

Attendance is currently running at:

	PA	No of
Year 7	93.83%	4.7%
Year 8	92.8%	5.0%
Year 9	92.8%	5.86%
Year 10	92.46%	5.49%
Year 11	91.75%	6.5%

Persistence absence (below 80% attendance) is at present 5.5%.

### COMMUNICATION

In order to continue improvements in home-school communications, please pass any change of address or telephone contact details to the school as they happen.

### YEAR BOOKS

If there are any year 11 students who missed the deadline for ordering a Year Book and would like one, they will need to contact Erwins directly on 01603 401199 or email [steve@erwins.co.uk](mailto:steve@erwins.co.uk) with their name and contact details to register interest. If there is enough interest Erwins may be able to print another batch.

### AWARDS OF EXHIBITIONS

The Governors of Wymondham (Old) Grammar School Foundation will consider applications for Maintenance and other Allowances for the year 2009/2010 from students between ages 16 and 26 who are attending school or other full-time education and are resident in the Parish of Wymondham. Please see Mrs Blake in the Sixth Form Office who will arrange the appropriate forms.

### TWO LOCAL COMMUNITY EVENTS

At My Place for young people aged 7 - 14 on Fridays 7pm - 9pm, for fun games and socialising at St Anne's Church Hall, Colman Road. Volunteer helpers urgently needed - please contact our local PCSO on 0845 456 4567.

The next safer neighbourhood action panel meeting is on 28 May at 7pm, also at St Anne's Church Hall.

### GREEN THOUGHT FOR THE WEEK

Don't leave the fridge door open longer than is necessary. For every minute that the fridge door is open, it will take three minutes for it to regain its temperature.

*The CNS Greenscheme*

### SPORTING ROUNDUP

**U14 Rounders vs Costessey** - The Year 9 girls are off to a flyer this year with a resounding 21-15 win against tough opposition. With enthusiasm and effort in abundance CNS were sharp in the field, as shown by Clieo Stephenson who was athletic as ever. CNS were just as deadly with the bat with Eve Macphail hitting well throughout the game leaving victory in no doubt.

**City Schools Athletics** - With the sun shining, and our athletes in a buoyant mood, 70 CNS students took to the track at the UEA Sportspark. From the outset CNS meant business with Rachel Rathjen and Mabel Beckett leading from the front in the 800m. With the Stephenson sisters setting the sprinting world alight, and a new crop of talented Year 7s led by Oliver Henery & Laura Johnson beating all Year 8s before them, CNS looked forward to a successful day. As the only school to field competitors in every single event and students supporting each other superbly, CNS athletes did themselves proud. Stand out performances from Esme Salmon (1500m), Martyn Greengrass (200m) & the now record breaking Steph Burt (Javelin) were just 3 of CNS's many wins. As the results were called out all started well when the U14 Girls picked up their winners trophy then all of a sudden a familiar pattern started to emerge, U14 Boys - 2nd, U15 Girls - 2nd, U15 Boys - 2nd, U17 Boys - 2nd while the U17 girls stopped the repetition with 3rd. Coming runners up by just a couple of points in each category hurt but this will spur our athletes on for next year. Looking on the bright side we won overall best school!

#### Fixtures

- Tues 2 June - U15 Cricket vs Sprowston (H)
- U14 Rounders vs Norwich High (A)
- Wed 3 June - U13 Cricket vs Sprowston (H)

Congratulations to Stephanie Burt (11FW) who won the under 17 javelin at the Norfolk Championship last week. Stephanie also successfully trialed for the Mavericks Superleague netball junior under 19 team this year. It picks the squad from all of the Eastern Region and North London teams.

### FORTNIGHT FOCUS

We all live with the objective of being happy; our lives are all different and yet the same."

*Anne Frank*

### HAPPY HALF TERM BREAK!

## WE RETURN TO WEEK 1 KS3 EARLY LUNCH, KS4 LUNCH AT 1.35 ABSENCE LINE

Y7: ☎ 274017, Y8: ☎ 274068, Y9: ☎ 274069, Y10: ☎ 274070, Y11: ☎ 274071, Y12/13: ☎ 274072

### PASTORAL SUPPORT LINE

Years 7, 8 & 9 Jane Allen 274054; Years 10 & 11 Susie Butchers 274029; Years 12 & 13 Kym Blake 274060

## **Amateur Radio Club**

Come and Experience Amateur Radio and develop the skills to obtain an Amateur Radio Licence.

Wednesdays 3:15 - 4:15      Starting Wednesday June 3<sup>rd</sup>

In Mobile 4

All Years Welcome

To sign up, or to find out more, come to Room 7A to pick up a form or contact Chris Turner ([c.turner@cns-school.org](mailto:c.turner@cns-school.org))

## **Family Cookery Course at CNS**

**Starting June 3<sup>rd</sup> Family cookery sessions 3.45-5.45pm** in the Food Technology rooms at CNS. This is a 6 week course teaching you how to cook healthy, reasonably priced meals from soups to hot pots and lasagnes. It costs £18 per family group + ingredients: one parent + child (Year 6 and above) and you can eat the food here or take it home.

A date for your diary: **FREE Hatha Yoga taster session at CNS 1.20-2.00pm June 16<sup>th</sup>.** This will be chair yoga so no need to change: just wear loose clothes. All very welcome. Please sign in at the main reception.

To book a place or for more information, email [c.turner@cns-school.org](mailto:c.turner@cns-school.org) or tel Chris Turner (Mrs) on 01603 274002/274000  
(Extended Services Co-Ordinator)

## **SCHOOL FETE SCHOOL FETE SCHOOL FETE**

**City of Norwich School Association  
Help us get the CNSA fete off the ground.**

**Join us for a drink and a chat at  
The Garden House Pub,  
Off Park Lane  
On Wednesday 3<sup>rd</sup> June at 7.30pm.**

Everyone is welcome to come along (you could even bring a friend!). You can meet other parents, help us plan for this year's fete, 27<sup>th</sup> June, tell us what you think and enjoy a friendly night out!

For more info contact Jo Thompson 01603 632416 or [jthompson70@red.esinet.org.uk](mailto:jthompson70@red.esinet.org.uk)